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HOLIDAY REFLECTION

QUESTIONS TO ASK KIDS, FAMILY AND FRIENDS

DECEMBER 26 - JANUARY 6

- Dec. 26:** What was the most unexpected gift you received this year?
- Dec. 27:** What was your favorite gift to give this year?
- Dec. 28:** Remember the person in your life who has the most holiday cheer? Give thanks for their enthusiasm!
- Dec. 29:** Have you seen or experienced a random act of kindness?
- Dec. 30:** What was a joyful moment you experienced over the holidays?
- Dec. 31:** What are your hopes for the coming year? For you? The family? The World?
- Jan. 1:** Instead of New Year's Resolutions, ask what you can do differently this year.
- Jan. 2:** Think about a moment in your day where you felt truly at peace. What can you do each day to have those moments?
- Jan. 3:** As you return to routines, where did you experience love today? Did someone give you a hug, high five, etc.?
- Jan. 4:** Write down the names of the people from whom you are thankful. Let them know!
- Jan. 5:** Think about a wish of yours, which has been answered recently.
- Jan. 6:** How are you going to share hope, love, peace and joy with someone this year?

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Never at a loss for words.

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