



# creative **explorations:** recipe

## Homemade Playdough

- 4 cups flour**
- 2 cups salt**
- 4 cups water**
- 6 tbsp vegetable oil**
- 8 tsp cream of tartar**
- food coloring**



Mix all ingredients in a large pot. Cook and stir over low/medium heat until play dough is completely formed and no longer sticky (pulls away from sides of pot and has consistency of playdough). Dump onto table or allow to cool in pot for about 30 minutes. Knead large mound of dough until smooth and round (you can add small amounts of flour if sticky until desired consistency).

*If you would like to add food coloring you can choose either method:*

1. Add food coloring into the pot while cooking until it reaches the desired color; or
2. Color the playdough after cooled by dividing large mound of playdough into six equal sections. Add approx. 5 drops of color into a small hole you poke in each smaller section. Close hole and knead the dough until color distributes. Repeat until you reach desired color. Continue with each section until you have all of the colors of the rainbow.

*Variations:*

- Add cinnamon, orange extract, lemon extract, vanilla extract, ginger powder, peppermint extract, almond extract, or one package of unsweetened powdered Kool-Aid to your playdough to give it a great smell. You can even make each section a different scent for each color.
- Try offering the playdough with small plastic animals, popsicle sticks, play dishes and utensils, beans, rollers, spatulas, measuring cups, small cars/trucks, sparkles, cookie cutters, seashells, or stones. The options are endless!
- Go organic! Try using organic ingredients and natural food coloring found at your local natural food store.